



2020--2021 Fall Athletic Highlights

Fall Sports Season Team Recaps:

Field Hockey- Coleen Buckley HC

- Final record of 4-8-1
- State tournament win over Butler
- Advance to Northwest Regional quarterfinals as # 8 seed
- Statement win over previously unbeaten Pequannock and #1 seed in regional Tournament

All Conference selections include: 1st team: Nicola Thompson – Hill, Sofia Agatep, Savannah Sutter; 2nd Team: Melina Penniston, Lexi Wangness, Kelly Preston, Raffi Fragomeni; Honorable Mention: Caroline Daly

All County selections include: 3rd team: Nicola Thompson- Hill, Sophia Agatep; Honorable Mention: Raffi Fragomeni, Savannah Sutter

Tennis- Ginny O' Donnell HC

- Final record 9-0
- Blue North Conference Champions
- Northwest Group 1 Regional Champions
- Finished # 2 ranked team in Group 1
- Lost only 1 set in run through state tournament

All Conference selections include: 1st team: Elaine Wu, Francesca Zorlas, Lily Whang, Megan Matkiwsky; 2nd Team Ilana Siegel, Katie Kostak, Katya Furlender; Honorable Mention: Megha Rameshkumar and Sammy Siegel

Group 1 All State: 2nd team Francesca Zorlas and Lily Whang; 3rd team: Ilana Siegel

Boys Soccer- Mark Walters HC

- Final record 7-4-1
- Qualified for Northwest Regional State Tournament as #9 seed
- Earned Regional victory over High Point in 1st Rd of State tournament

All Conference selections include: 1st team: Mike Squeglia, Emre Andican, 2nd Team: Caz Kotsen, Jack Vecchione; Honorable Mention: Max Bennett

Girls Soccer- Steve Luke HC

- Final record 14-0-1
- Blue North Division Conference Champions
- Northwest Region Group 1 Champions
- 3 Sectional Titles in 4 years
- Finished #2 ranked team in Group 1 and # 8 in the NJAC
- 24 Game unbeaten streak; current 2nd longest in state. Current streak is Ocean City at 33 games (Record is held by Northern Highlands at 88 games)

All Conference selections include: 1st team Henna Andican, Alexa Krause, Shannon Doty, Emily Petersen; 2nd team: Lindsay Esposito, Ava Samay; Honorable Mention: Madeline Cabana

Football- Darrell- Fusco HC

- Finished regular Season at 4-3
- 2nd Place American Blue SFC Division

All Conference selections include: 1st team: Kevin Christ, Luke Minitier, Riley Albregts, Tristan Plotts; Honorable Mention: Peter Holmberg, Cal Wyciskala, Jack Buzby, Dante Giampietro

Boys Cross Country- Vicki Allison HC

- Placed 3rd in State Sectionals
- Regular Season record of 5-1 in batch races

All Conference selections: 1st Team: Joey Mucci, Andrew Shereshevsky; 2nd Team: Preston Smith, Thomas Rankin, Andrew Modin, Honorable Mention: Caleb Henry

Girls Cross Country- Sue Bessin HC

- Undefeated Regular Dual meet season at 6-0
- Blue North Division Conference Champs
- NJAC Small School Champions
- Group 1 Section 1 State Champions

All Conference selections: 1st Team: Grace Wills, Ava Smith, Laila Dages, Kendall Palazzi; 2nd Team: Lauren Kaufman, Sarah Minitier, Jillian Hornby

On November 11, 2020, Mountain Lakes High School had four Division 1 Commitments on Division 1 Signing Day

They are:

Patrick Tate	Lafayette College	Lacrosse
Matt McCrink	Lafayette College	Lacrosse
Tristan Plotts	Drexel University	Lacrosse
Matt Shuhet	Iona College	Baseball

Congratulations!

Some All County and State Recognitions have not been released yet but may be found at www.dailyrecordsports.com and www.nj.com